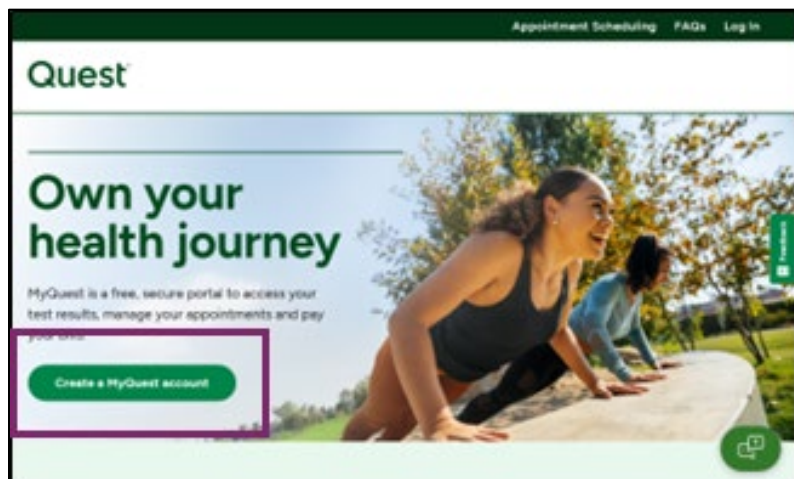


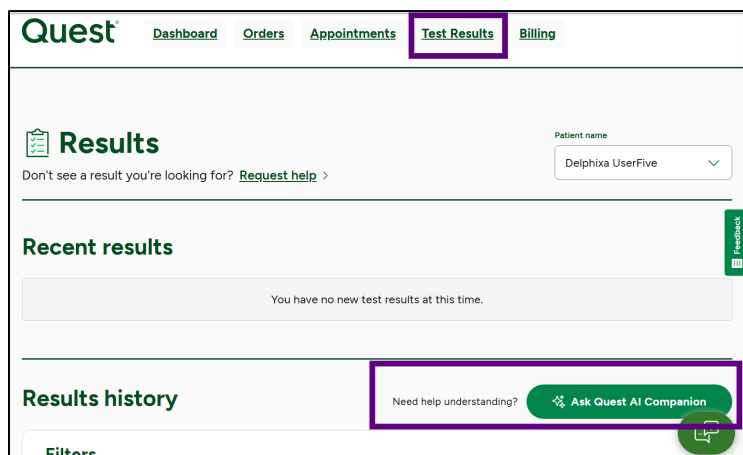
# Using the Quest AI Companion®

Using the Quest AI Companion allows you to ask questions about your lab test results in MyQuest and receive helpful information to share with your doctor.

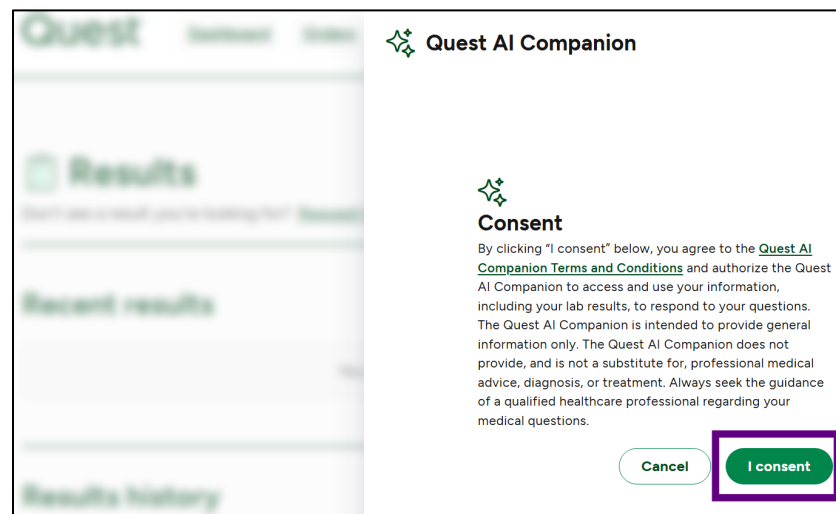
- 1 Sign in to your MyQuest account at [MyQuest.QuestDiagnostics.com](https://MyQuest.QuestDiagnostics.com).



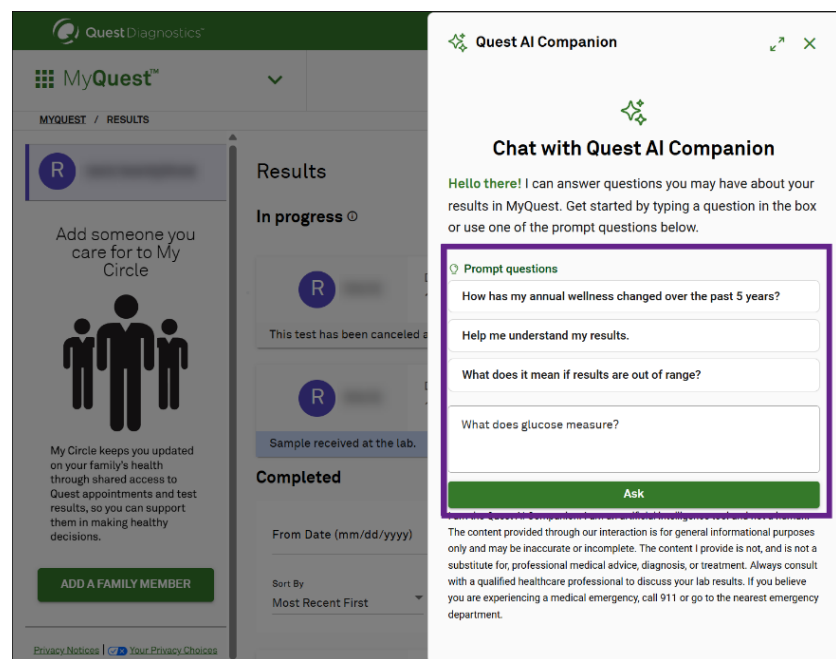
- 2 Click *Test Results* on the top of the page.
- 3 In the *Completed* section, click the *Need help interpreting? Ask Quest AI Companion* button to start the chat.




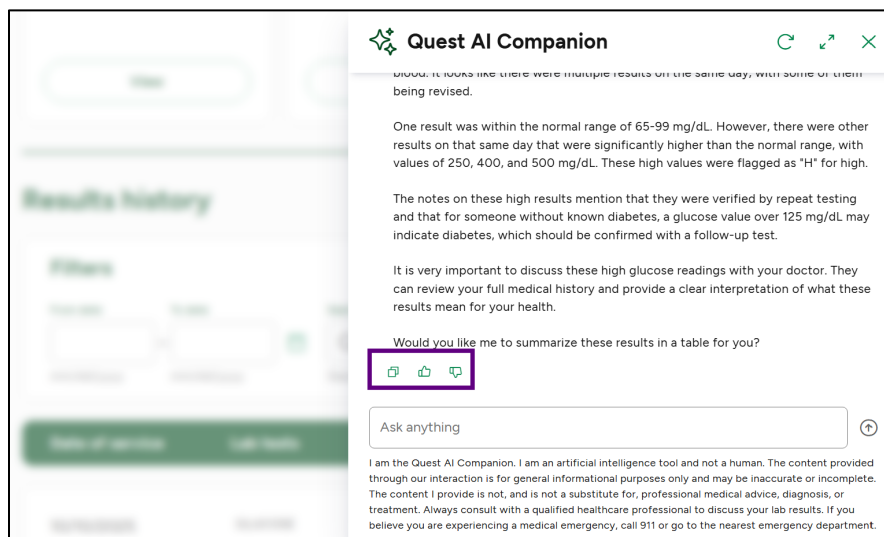
- 4 Review the information, and if you agree, click *I consent*.





- 5 Click one of the questions or type your own and click *Ask*.



- 6 The Quest AI Companion writes an answer. You can copy this answer to share with your doctor by clicking  under the answer:



- 7 If you'd like to rate the answer, click  if it was helpful or  if it was not. This rating helps the Quest AI Companion improve.
- 8 If the Quest AI Companion asks you a question (for example, *Would you like to know more about what can affect blood sugar levels?*), you can type *Yes* (or *No*) and click *Ask* to send the response.
- 9 If you'd like to ask another question, type it in the box and click *Ask*.
- Note:** The Quest AI Companion can only see your completed Quest lab results.

- 10 If you would like to make the chat window bigger, click the arrows in the top-right corner of the chat window:



Click the arrows twice to make the chat window as wide as your internet browser.

- 11 When you're finished, close the chat to return to your MyQuest account.



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